

Social-Emotional Development Guides and Activities



The following Social-Emotional Development Guides and Activities coordinate with the ASQ[®]:SE-2 questionnaire intervals at 2, 6, 12, 18, 24, 30, 36, 48, and 60 months. After a child has been screened with ASQ:SE-2 and program staff have determined that there is no need to refer this child, staff may give the Development Guides and Activities to the family as additional resources. The Development Guides and Activities may also be shared with families who have been referred to provide some immediate information and ideas. The development guides provide parents with information about what types of behaviors they may expect from their growing child, whereas the activities provide ideas or ways to support their young child's social-emotional development. Please consider the following points when using these resources.

The ASQ:SE-2 Development Guides and Activities are not an intervention. Rather, these resources can be used in a preventive manner when children do not need further assessment. They are helpful for engaging parents in their child's development, with an overview of milestones to expect from the growing child as well as simple activities to try at home. The materials are not comprehensive, and they may include behaviors or suggestions that are inappropriate for certain cultures. The ASQ:SE-2 Development Guides and Activities may need to be modified to be appropriate for some families (e.g., adapted for cultural relevance, translated, shared verbally with families, illustrated).

In addition, parents may need other support and/or information about developmentally appropriate expectations and strategies to feel successful with their young child. Information about the following topics is not included in the development guides or activities and should be made available to families separately to help them support their child's social-emotional development.

- Positive feeding routines (including breast feeding)
- Typical sleeping patterns for different ages
- Toilet training
- Positive guidance
- Safety and childproofing home environments
- Health and nutrition

Please note that the handouts available separately in the *ASQ:SE-2 Learning Activities* book help programs address these topics with families. This resource is available in English and Spanish and provides additional support and offers targeted guidance to parents.